Toy Margulies, Lsy.D.

CLINICAL PSYCHOLOGIST PSY20821

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Board Member

## Dr. Margulies's CV

Dr. Ivy Love Margulies combines psychodynamic, psychoanalytic, cognitive behavioral and mindfulness-based appraoaches in her clinical practice. Dr. Ivy offers short-term and long-term psychotherapy, home visits, hospital visits, tele-therapy via Skype, and consultations with women and families, medical professionals, OB/GYN's, periantologists, fertility specialists, pediatricians and organizations that create, support and are working to promote awareness for improving women's mental health care globally.

### **CLINICAL PRACTICE AND CONSULTATION:**

PRIVATE PRACTICE
Santa Monica, CA
2004 to Present Expertise in Grief, Young Widowhood, Survivors of Suicide, Post Traumatic Stress Disorders, Pregnancy, Pregnancy Loss, Infertility, Stillbirth, Death Midwifery, Pre-and Post-Natal Issues, Postpartum Mood and Anxiety Disorders, Infant and Child Development, and Parenting.

ANGELS BORN STILL Santa Monica, CA 2014 to Present Founder, Specializing in Maternal Mental Health, Postpartum Mood and Anxiety Disorders, Miscarriage, Infertility, Terminations, Stillbirth and Pregnancy Loss, Infant Death and Home Funerals.

IVY & OSBORN Santa Monica, CA 2011 to 2014 Co-founder of Ivy & Osborn, Specializing in Reproductive and Maternal Mental Health, Pregnancy, Postpartum Mood and Anxiety Disorders, Infertility, Miscarriage and Pregnancy Loss.

KIDSINTHEHOUSE.COM Los Angeles, CA 2012 to Present Contributing Expert on Grief and Postpartum Mood and Anxiety Disorders.

MODERNMOM.COM Los Angeles, CA 2010 to 2014

On-Line, 'Expert' Psychologist'.

CENTER FOR REFLECTIVE PARENTING

Los Angeles, CA

2009 to 2011

MY GYM: Children's Fitness Center Online Los Angeles. CA 2009 to 2010

On-line Parenting and Child Development Expert offering advice to parents globally in the areas of infant and children development, teenagers and family dynamics.

AKASHA CENTER for Integrative Medicine Clinical Psychologist and Facilitator of 3 groups: infertility, pregna	Santa Monica, CA ancy and postpartum support, ar	2006-2008 and grief.
PUMP STATION Created and Facilitated Mommy and Me groups for new mothers	Santa Monica, CA their infants and toddlers.	2004-2006
LICENSED CLINICAL PSYCHOLOGIST, Private Practice PSY	Y#20821	
WRIGHT INSTITUTE Predoctoral Inern and Post Doctorate Psychoanalytic Training	Los Angeles, CA	2000-2005
OUR HOUSE – Bereavement Center Group Facilitator for 2 Young Widows Groups	Los Angeles. CA	1998-2000
JULIA ANN SINGER CENTER Internship- Children and Family Counseling	Los Angeles. CA	1998-1999
JEWISH FAMILY SERVICES Internship- Individual and Family Counseling	Los Angeles, CA	1997-1998
UCLA Clerkship – Psychological Assessments, Office for Students with A	Los Angeles. CA cademic Disabilities	1996-1997
CHILDREN'S HOSPITAL Internship – Oncology Ward	Los Angeles, CA	1994
SAINT JOHN'S HOSPITAL Child Study Center Internship	Santa Monica. CA	1993
UCLA Child Study Center	Los Angeles, CA	1992
EDUCATION:		
CSPP – Psy.D. Clinical Psychology	Los Angeles, CA	1998-2000
CSPP – M.A. Clinical Psychology	Los Angeles, CA	1996-1998
Scripps College – B.A. Psychology	Claremont, CA	1992-1996
Fashion Institute of Design and Merchandising - A.A. Merchandising, Advertising and Graphics	Los Angeles	1984-1986
Doctoral Dissertation:		

Working with Young Widows and Widowers: Understanding the Bereavement of Sudden Loss and Countertransference (April 1999)

#### Doctoral Film:

Working with Young Widows and Widowers: Understanding the Bereavement of Sudden Loss and Countertransference, featuring Dr.'s Therese Rando, Kenneth Doka and Stephen Shuchter (April 1999)

Thesis:

Perceived Sex-Role of Parents and Achievement Motivation – Effect of Parent-Child Relationship (December 1995)

#### POSTGRADUATE EDUCATION AND TRAINING:

California Licensed Funeral Director, FDR 3838

Certification in Death Midwifery, Sacred Crossings Los Angeles

Postpartum Support International, Certification in Maternal Perinatal and Postpartum Mood and Anxiety Disorders

Wright Institute Los Angeles Postdoctoral Fellow in Psychoanalytic Psychotherapy

#### **HOSPITAL PRIVILEGES:**

Providence Saint John's Hospital - Medical Staff Hospital Privileges

2014-present

# PRESENTATIONS, TEACHING, RETREATS, ARTICLES AND MEDIA APPEARANCES:

Para Los Niños Training - Los Angeles, CA	October 2018
Presentation and Training on The Grief and Trauma of Stillbirth and Infant Death	
Awakenings In Real Life Podcast Interview - Santa Monica, CA	June 2018
Interview with Chaya Lubow and Ruby Mercadol on many topics related to the work	_
I do and some of the personal experiences that has informed my work as a clinician,	
death midwife, and reiki healer	

Return To Zero - Pasadena, CA

Filmed for the Return To Zero website to offer information and educations clips
on the grief and trauma of perinatal loss, including stillbirth and infant death

LA Doula Project Training - Bini Birth - Sherman Oaks, CA
Presentation on the Grief and Trauma of Stillbirth and Infant Death

October 2017

LA Doula Project Training - Women's Center - Los Angeles, CA
Presentation on the Grief and Trauma of Stillbirth and Infant Death

Maternal Mental Health Conference Training - Rialto, CA
Presentation on the complicated topic of perinatal loss, PTSD and postpartum
mood and anxiety disorders

June 2017

Return To Zero Holistic Healing Retreat - Ojai, CA
Co-faciliator with Founder Dr. Kiley Hanish

May 2017

Mom & Mind Podcast with Dr. Kat Kaeni April 2017 Episode 48 on my specialty of working with women on the entire maternal mental health spectrum Conscious Parenting Symposium - Los Angeles, CA Panel Discussion on What is Conscious Parenting? February 2017

Pregnancy Loss and Infant Death Alliance Conference (PLIDA) - Phoenix, AZ October 2016 Poster Presentation with Dr. Kiley Hanish: Social Support and Holistic Retreats: Reducing Traumatic Stress Symptoms After Stillbirth

2020 MOM Emerging Considerations in Maternal Mental Health - Los Angeles, CA
Supporting Families through Birth, Loss, Model MMH Hospital Programs and Grief Support
Presenter on the topic: For Therapists Supporting Mom's After A Loss

Perinatal Mental Health Conference - Chicago, IL
Poster Presentation with Dr. Kiley Hanish: Improving Mental Health Outcomes In Women
After Perinatal Loss Through Community Based Bereavement Retreats

White Memorial Hospital - Los Angeles, CA
Presentation on The Grief and Trauma of Stillbirth and Infant Death

Return To Zero Holistic Healing Day Retreat - Topanga Canyon, CA

October 2015
Co-facilitator with Founder Dr. Kiley Hanish

Artemis School - Venice, CA

Presentation on Abortion: Love, Life and Death, Creating Meaning and Ceremony

September 2015

Return To Zero Holistic Healing Retreat - Seattle, WA
Co-faciliator with Founder Dr. Kiley Hanish
September 2015

USC LA County Hospital, OB-GYN Grand Rounds - Los Angeles, CA

Presentation on The Grief and Trauma of Stillbirth and Infant Death

Providence Saint John's Hospital - Santa Monica, CA
Facilitator for L&D and NICU nurses monthly support group meeting (on-going)

August 2015-current

Providence Saint John's Hospital, L&D Nurses Staff Meeting
Presentation on Self Care, Vicarious Trauma and How To Avoid Compassion Burn Out

August 2015

The Birth Works! Project: Healing Grief and Trauma of Stillbirth and Infant Death

August 2015

Podcast Interview http://birth-works.com/2015/08/02/healing-grief-and-trauma-of-infant-and-stillborn-death/

Kaiser Hospital, Grand Rounds - Baldwin Park, CA
Presentation on the Grief and Trauma of Stillbirth and Infant Death

June 2015

The ART of Infertility - online article
The Psychological Benefits of Support Groups and Mindfulness for Women Choosing ART
(Assisted Reproductive Technology) http://artofinfertility.org/blog/?p=180

USC Keck School of Medicine, Grand Rounds - Los Angeles, CA
Presentation on The Grief and Trauma of Stillbirth and Infant Death

March 2015

Cheryl Jones Radio Show Good Grief, VoiceAmerica

March 2015

Interviewed with Kiley Hanish about our Return To Zero Healing Retreats for Stillbirth

Return To Zero Holistic Healing Retreat - Uki, Australia March 2015 Co-Facilitator with Founder Dr. Kiley Hanish Redcliffe Hospital, Brisbane, Australia

March 2015

Presentation: Grief and Trauma of Stillbirth and Infant Death

Los Angeles County Perinatal Mental Health Task Force

December 2014

Presentation: Perinatal Loss and Postpartum Mood and Anxiety Disorders

Advanced Maternal Age Project - Expert Voices online article

September 2014

Common Emotions of Miscarriage http://wp.me/p2j7kh-2OZ

Return To Zero Healing Bereavement Retreat - Stowe, Vermont

August 2014

Co-Facilitator with Founder Dr. Kiley Hanish

Patti Vasquez, WGN Radio Show

July 2014

Topic: Death Midwifery

Cheryl Jones Radio Show Good Grief, VoiceAmerica

October 2014

Topic: Death Midwifery

The Pump Station in Santa Monica

March 2013

Presentation: "The Many Faces of Postpartum Depression"

Club MomMe May 2012

Presentation to new father's to-be on Postpartum Symptoms in their partners and what to look for in themselves

Childhood Grief and Traumatic Loss Conference

March 2012

Topic: The Intergenerational Impact of Early Parent Loss

Keynote speaker along with Dr. Marie Paulson, Professor of Clinical Pediatrics USC Keck School of Medicine and Kimberly Wong, J.D.

Wright Institute Los Angeles, Professor Course: Postpartum Mood and Anxiety Disorders from a Psychoanalytic Perspective February 2012

LAFamily.com - weekly on-line columnist

March 2012- December 2012

Saint John's Hospital Irene Dunne Guild

May 2012

Think Pink Event, Keynote Speaker on Women's Depression and Anxiety

FOX TV November 2011

Featured Expert Psychologist on Cyber-bullying

Los Angeles County Psychological Association Annual Conference

October 2011

Topic: When the Bough Breaks: Understanding Postpartum Mood and Anxiety Disorders

Keynote speaker with Dr. Lisa Osborn

Palisades Elementary School

April 2011

Topic: Social Development and Bullying

UCLA Women's Life Center

February 2010, 2011 and 2012

Presentation to Psychiatric Residents on the Topic: Peri-Natal Loss

MOMTV with Leslie Gail (Web TV Show)

February 2011

Topic: Mindful Parenting and Reducing Stress at Home

Multiples Seminar January 2011

Sponsored by Pediatricians Dr. Jay Gordon, Dr. Linda Nussbaum and Dr. Jody Lapin

LA Family Magazine May 2010

Article Published on Reflective Parenting

Second Chances with Susan Armstrong (Radio Interview)

June 2010

Dr. Karyl McBride (Radio Interview) June 2010

Dr. Sheila's Talk Show on HealthyLife.net (Radio Interview)

May 2010

Carlthorp School Santa Monica, CA January 2010

Guest Speaker on the topic of Bullying and Social Development of 1st and 2nd graders, what to expect, understand and areas of focus to nurture in our children.

The Irshad Manji TV Show (pilot) Los Angeles, CA 2009

Guest Psychologist

Sunshine Pre-School Los Angeles. CA 2005

Guest Speaker on the Topic of Discipline for Pre-school children

Antioch College - Marina Del Rey, CA 1998

2018

Guest Speaker & Presenter of Doctoral Dissertation and Documentary Film on Young Widowhood

#### PODCAST:

Shattered Conception: Grief, Love and Healing

PROFESSIONAL AND HONOR SOCIETIES:

Member, Maternal Mental Health NOW - Los Angeles Task Force for Perinatal Mental Health

Member, The American Psychological Association (APA)

Member, Los Angeles County Psychological Association (LACPA)

Member, American Society for Reproductive Medicine (ASRM)

Member, Association for Death Education and Counseling (ADEC)

Member, Postpartum Health Alliance (PHA)

Member, Postpartum Support International (PSI)

Alumni Board of the Wright Institute of Los Angeles (WILA)

Member, Pregnancy Loss and Infant Death Alliance (PLIDA)

Member, National Home Funeral Alliance (NHFA)

Member, Childbirth and Postpartum Professional Association (CAPPA)