Miscarriage Women's Support Group

via ZOOM





Miscarriage and Pregnancy Loss Women's Support Group via ZOOM Conferencing

Please come join this sacred group and meet women traveling on a similar journey as you. Whether your pregnancy loss was by miscarriage, selective termination, IVF, or any other reason, this is a nonjudgmental supportive and nurturing space to find empathetic camaraderie. Take time to heal yourself body, mind and spirit. \$45 per group meeting.

- We light candles in memory of your pregnancy
- We normalize the grieving process
- We hold space to honor your journey
- You are guided through mindfulness exercises to promote feelings of calm and presence

When: ON ZOOM

- Where: 2730 Wilshire Blvd. Suite 250 Santa Monica, 90403
- Time: 7:30-9:00 PM VIA ZOOM
- Other: Please contact Dr. Ivy Margulies to ask any further questions and to sign up.

310.850.1330

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