

# Pregnancy Release (aka Abortion) and Termination (TFMR) Women's Support Group via ZOOM



**ANGELS  
BORN STILL**

## Pregnancy Release (aka Abortion) and Termination (TFMR) Women's Support Group Meeting via ZOOM

Please come join this safe sacred group and meet women who have had to make a difficult decision to terminate a pregnancy for a fetal anomaly diagnosis or another personal reason. 1 in 2 women will terminate a pregnancy in their lifetime. Many women who have experienced a pregnancy release (aka abortion) and/or pregnancy termination (for any reason) can feel grief, sadness, guilt and anxiety. \$45 per group meeting

- ▶ **We come together to support and witness your story**

- ▶ **I help reduce the fear, anxiety and worry through meditation and learning tools to help soften the complicated feelings women experience after a pregnancy release**
- ▶ **We share in your memories of your previous pregnancy and/or pregnancies**
- ▶ **We light candles to honor your healing journey**

When: on ZOOM

Where: 2730 Wilshire Blvd. Suite 250  
Santa Monica, 90403

Time: 7:30-9:00 PM

Other: Please contact Dr. Ivy Margulies to ask any further questions and to sign up.

310.850.1330